

Curriculum Vitae

Garrett L. Wilchek D.C., Q.M.E., C.H.T.
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Personal Information:

Address	Garrett Lamont Wilchek 17822 Beach Blvd. Suite #100 Huntington Beach, Ca 92647 Tel (714) 375-4800
Date of Birth	August 15, 1970
Place of Birth	Poplar Bluff, Missouri

Education:

High School	Englewood High School Jacksonville, Florida 1988
University	Brigham Young University 1997
Doctoral Degree	Southern California University of Health Sciences 2000
Internship	Whittier Health Clinic 2001
Licensure	California State Board of Chiropractic 2001
Spine Research Institute	Whiplash and Impairment Ratings Certificates 2003

Professional Experience:

Academic Positions:

Aid to Professor, Southern California University of Health Sciences
Assistant Instructor, Department of Rehabilitation, Southern California University of Health

Clinical Positions:

Student Intern Whittier Student Health Center, Los Angeles College of Chiropractic; *Provided all aspects of patient assessment using physical exams, orthopedic, and neurological exams, x-ray exams, instrumentation, and motion palpation; provided all forms of chiropractic care. Provided lifestyle change information that deals with exercise, nutrition, and spinal care and rehabilitation.*

Director of Intern Rehabilitation Services at Whittier Health Clinic, Southern California University of Health Sciences; *Coordinator of Rehabilitation Management Training Programs; training representative for Rehabilitation Protocols in Clinic; assisted in the administrative and funding activities of the training programs for facility personnel, i.e., Rehabilitation instructors, production supervisors, adjustment specialists, vocational evaluators, administrators; instructor of graduate and undergraduate students in rehabilitation.*

Post-Doctoral Extern Program; *Responsible for providing individual and group treatment to patients and developing, organizing and directing the rehabilitation program for the clinic. The program consisted of evaluation, work adjustment services, work measurement, vocational training and placement. Assisted Doctor in treatment of various types of pain management cases. From complex regional pain syndrome to sprain/strain of low back to shoulder rotator cuff dysfunctions I assisted in the case management of each individual patient.*

Qualifying Examinations:

Part I & II National Boards – Written Exam
Part III Written & Clinical Exam

Professional Organizations and Societies:

The American Occupational Therapy Association
American Chiropractic Association
American Chiropractic Association Council on Sports Injuries and Physical Fitness
American Chiropractic Association Council on Nutrition

Research Activities:

Areas of Interest- Rehabilitation & Strengthening of Spinal Dysfunctions, Vestibular Rehabilitation, Single Treatment Maneuvers for Positional Vertigo, Tinnitus, The use of TENS to reduce post-op pain syndromes.

Research now in Progress- “Super Slow” strengthening in Low Back Pain Conditions with the use of various exercises programs.

My Goal:

My goal is to relieve pain and suffering in an effective manner that allows patients to return to a productive life. My programs include thorough assessments, diagnosis, individualized treatment plans and coordination of chiropractic care with other health care professionals. Other members of my team include:

- Physical Therapist
 - Occupational Therapist
 - Pain Management
 - Nurse
 - Orthopedists
 - Neurologist
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References:

Van H. Vu M.D.
California Pain Center
17822 Beach Blvd. Suite #100
Huntington Beach, Ca 92647

9475 Heil Ave Ste. D
Fountain Valley, Ca 92708

Brad Powell, D.C.
24582 Del Prado
Dana Point CA 92629
Tel (949)

Barry Schwartz M.D.
Beach Family Medical Center
17822 Beach Blvd. Suite #367
Huntington Beach, Ca 92647
(714)848-7676

David Bloom M.D.
17822 Beach Blvd. Suite #325
Huntington Beach, Ca 92647
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